



Hotel-to-Gym Directions

Directions from:

Hotel #12
Holiday Inn Mission
7240 Shawnee Mission Parkway

TO:

SITE #1 & #2

Blue Valley Northwest (BVNW) Main & Aux
13260 Switzer Road

1. Start out going WEST on SHAWNEE MISSION PKWY/US-56 W/US-69 W/W 63RD ST toward MARTY LN. (1.28 miles)
2. Merge onto I-35 S/US-56 W/US-69 S via the ramp on the LEFT toward WICHITA. (2.45 miles)
3. Merge onto US-69 S via EXIT 225B. (4.96 miles)
4. Take the 119TH STREET exit. (0.20 miles)
5. Turn RIGHT onto W 119TH ST. (0.26 miles)
6. Turn LEFT onto SWITZER RD. (1.96 miles)
7. Make a U-TURN at W 133RD ST onto SWITZER RD. (0.08 miles)
8. End at Blue Valley Northwest High 13260 Switzer Rd Overland Park, KS 66213 US

Total Estimated Time: 15 minutes
Total Distance: 11.20 miles

SITE #5 & #6

Blue Valley West (BVW) Main & Aux
16200 Antioch Road

1. Start out going WEST on SHAWNEE MISSION PKWY/US-56 W/US-69 W/W 63RD ST toward MARTY LN. (1.28 miles)
2. Merge onto I-35 S/US-56 W/US-69 S via the ramp on the LEFT toward WICHITA. (2.45 miles)
3. Merge onto US-69 S via EXIT 225B. (9.58 miles)
4. Take the 151ST STREET exit toward MORSE. (0.20 miles)
5. Turn RIGHT onto W 151ST ST. (0.46 miles)
6. Turn LEFT onto ANTIOCH RD. (1.34 miles)
7. End at Blue Valley West High School 16200 Antioch Rd Stilwell, KS 66085 US

Total Estimated Time: 19 minutes
Total Distance: 15.32 miles

SITE #8

Shawnee Mission West (SMW)
8800 W. 85th Street

1. Start out going WEST on SHAWNEE MISSION PKWY/US-56/US-69/W 63RD ST toward MARTY LN. (0.85 miles)
2. Turn LEFT onto ANTIOCH RD. (2.77 miles)
3. Turn RIGHT onto W 85TH ST. (0.06 miles)
4. End at Shawnee Mission West High Schl 8800 W 85th St Shawnee Mission, KS 66212 US

Total Estimated Time: 8 minutes
Total Distance: 3.67 miles

SITE #3 & #4

Shawnee Mission South (SMS) Main & Aux
5800 W. 107th Street

1. Start out going WEST on SHAWNEE MISSION PKWY/US-56 W/US-69 W/W 63RD ST toward MARTY LN. (1.28 miles)
2. Merge onto I-35 S/US-56 W/US-69 S via the ramp on the LEFT toward WICHITA. (2.45 miles)
3. Merge onto US-69 S via EXIT 225B. (3.61 miles)
4. Merge onto I-435 E/US-50 E. (2.93 miles)
5. Take the NALL AVE exit- EXIT 77A-77B- toward ROE AVE. (0.17 miles)
6. Take the ramp toward LEAWOOD. (0.18 miles)
7. Turn LEFT onto NALL AVE. (0.26 miles)
8. Turn LEFT onto W 107TH ST. (0.18 miles)
9. End at Shawnee Mission South High 5800 W 107th St Shawnee Mission, KS 66207 US

Total Estimated Time: 14 minutes
Total Distance: 11.07 miles

SITE #7

Horizon High School
5900 Lamar Avenue

1. Start out going EAST on SHAWNEE MISSION PKWY/US-56/US-69/W 63RD ST toward GLENWOOD ST. Continue to follow SHAWNEE MISSION PKWY/US-56 E/W 63RD ST. (0.66 miles)
2. Turn LEFT onto LAMAR AVE. (0.50 miles)
3. End at Shawnee Mission Horizons High 5900 Lamar Ave Shawnee Mission, KS 66202 US

Total Estimated Time: 3 minutes
Total Distance: 1.17 miles

SITE #9 & #10

Blue Valley (BV) Main & Aux
6001 W. 159th Street

1. Start out going WEST on SHAWNEE MISSION PKWY/US-56 W/US-69 W/W 63RD ST toward MARTY LN. (1.28 miles)
2. Merge onto I-35 S/US-56 W/US-69 S via the ramp on the LEFT toward WICHITA. (2.45 miles)
3. Merge onto US-69 S via EXIT 225B. (9.58 miles)
4. Take the 151ST STREET exit toward MORSE. (0.21 miles)
5. Turn LEFT onto W 151ST ST. (0.54 miles)
6. Turn RIGHT onto METCALF AVE. (1.01 miles)
7. Turn LEFT onto W 159TH ST. (0.69 miles)
8. End at Blue Valley High School 6001 W 159th St Stilwell, KS 66085 US

Total Estimated Time: 20 minutes
Total Distance: 15.77 miles

SITE #11

Shawnee Mission East (SME)
7500 Mission Road

1. Start out going EAST on SHAWNEE MISSION PKWY/US-56/US-69/W 63RD ST toward GLENWOOD ST. Continue to follow SHAWNEE MISSION PKWY/US-56 E/W 63RD ST. (1.14 miles)
2. Turn SLIGHT RIGHT onto NALL AVE. (1.58 miles)
3. Turn LEFT onto W 75TH ST. (1.00 miles)
4. Turn RIGHT onto MISSION RD. (0.00 miles)
5. End at Shawnee Mission East HS 7500 Mission Rd Shawnee Mission, KS 66208 US

Total Estimated Time: 8 minutes
Total Distance: 3.73 miles

SITE #13

Johnson County Community College (JCCC)
12345 College Boulevard

1. Start out going WEST on SHAWNEE MISSION PKWY/US-56 W/US-69 W/W 63RD ST toward MARTY LN. (1.28 miles)
2. Merge onto I-35 S/US-56 W/US-69 S via the ramp on the LEFT toward WICHITA. (2.45 miles)
3. Merge onto US-69 S via EXIT 225B. (3.94 miles)
4. Take the COLLEGE BLVD WEST exit. (0.19 miles)
5. Merge onto COLLEGE BLVD. (1.48 miles)
6. Make a U-TURN at WESTGATE RD onto COLLEGE BLVD. (0.14 miles)
7. End at Johnson Co Community College 12345 College Blvd Overland Park, KS 66210 US

Total Estimated Time: 12 minutes
Total Distance: 9.49 miles

SITE #15

Pleasant Ridge Middle School
9000 W. 165th Street

1. Start out going WEST on SHAWNEE MISSION PKWY/US-56 W/US-69 W/W 63RD ST toward MARTY LN. (1.28 miles)
2. Merge onto I-35 S/US-56 W/US-69 S via the ramp on the LEFT toward WICHITA. (2.45 miles)
3. Merge onto US-69 S via EXIT 225B. (11.60 miles)
4. Take the 167TH STREET exit. (0.20 miles)
5. Turn RIGHT onto W 167TH ST. (0.47 miles)
6. Turn RIGHT onto ANTIOCH RD. (0.37 miles)
7. End at Pleasant Ridge Middle School 9000 W 165th St Stilwell, KS 66085 US

Total Estimated Time: 19 minutes
Total Distance: 16.37 miles

SITE #17

Blue Valley Academy
7500 W. 149th Terrace

1. Start out going WEST on SHAWNEE MISSION PKWY/US-56 W/US-69 W/W 63RD ST toward MARTY LN. (1.28 miles)
2. Merge onto I-35 S/US-56 W/US-69 S via the ramp on the LEFT toward WICHITA. (2.45 miles)
3. Merge onto US-69 S via EXIT 225B. (9.58 miles)
4. Take the 151ST STREET exit toward MORSE. (0.21 miles)
5. Turn LEFT onto W 151ST ST. (0.22 miles)
6. Turn LEFT onto NEWTON DR. (0.17 miles)
7. NEWTON DR becomes W 149TH TER. (0.16 miles)
8. End at BLUE VALLEY ACADEMY 7500 W 149th Ter Overland Park, KS 66223 US

Total Estimated Time: 17 minutes
Total Distance: 14.08 miles

SITE #12

Shawnee Mission Northwest (SMNW)
12701 W. 67th Street

1. Start out going WEST on SHAWNEE MISSION PKWY/US-56 W/US-69 W/W 63RD ST toward MARTY LN. Continue to follow SHAWNEE MISSION PKWY/W 63RD ST. (3.23 miles)
2. Turn LEFT onto LONG AVE. (0.60 miles)
3. Turn RIGHT onto W 67TH ST. (0.11 miles)
4. End at Shawnee Mission Northwest High 12701 W 67th St Shawnee Mission, KS 66216 US

Total Estimated Time: 7 minutes
Total Distance: 3.94 miles

SITE #14

Lakewood Middle School
6601 Edgewater Drive

1. Start out going WEST on SHAWNEE MISSION PKWY/US-56 W/US-69 W/W 63RD ST toward MARTY LN. (1.28 miles)
2. Merge onto I-35 S/US-56 W/US-69 S via the ramp on the LEFT toward WICHITA. (2.45 miles)
3. Merge onto US-69 S via EXIT 225B. (7.51 miles)
4. Take the 135TH STREET exit. (0.27 miles)
5. Turn LEFT onto W 135TH ST. (0.55 miles)
6. Turn RIGHT onto METCALF AVE. (1.26 miles)
7. Turn LEFT onto W 146TH TER. (0.26 miles)
8. Turn RIGHT onto EDGEWATER DR. (0.12 miles)
9. End at 6601 Edgewater Dr Overland Park, KS 66223-2465 US

Total Estimated Time: 18 minutes
Total Distance: 13.71 miles

SITE #16

Harmony Middle School
10101 W. 141st Street

1. Start out going WEST on SHAWNEE MISSION PKWY/US-56 W/US-69 W/W 63RD ST toward MARTY LN. (1.28 miles)
2. Merge onto I-35 S/US-56 W/US-69 S via the ramp on the LEFT toward WICHITA. (2.45 miles)
3. Merge onto US-69 S via EXIT 225B. (4.96 miles)
4. Take the 119TH STREET exit. (0.20 miles)
5. Turn RIGHT onto W 119TH ST. (0.26 miles)
6. Turn LEFT onto SWITZER RD. (2.97 miles)
7. Turn LEFT onto W 141ST ST. (0.06 miles)
8. End at Harmony Middle School 10101 W 141st St Shawnee Mission, KS 66221 US

Total Estimated Time: 17 minutes
Total Distance: 12.18 miles