



## Hotel-to-Gym Directions

## Directions from:

Hotel #14  
Howard Johnson  
7508 Shawnee Mission Parkway

## TO:

### SITE #1 & #2

Blue Valley Northwest (BVNW) Main & Aux  
13260 Switzer Road

1. Start out going WEST on SHAWNEE MISSION PKWY/US-56 W/US-69 W/W 63RD ST toward ROBINSON ST. (1.20 miles)
2. Merge onto I-35 S/US-56 W/US-69 S via the ramp on the LEFT toward WICHITA. (2.45 miles)
3. Merge onto US-69 S via EXIT 225B. (4.96 miles)
4. Take the 119TH STREET exit. (0.20 miles)
5. Turn RIGHT onto W 119TH ST. (0.26 miles)
6. Turn LEFT onto SWITZER RD. (1.96 miles)
7. Make a U-TURN at W 133RD ST onto SWITZER RD. (0.08 miles)
8. End at Blue Valley Northwest High 13260 Switzer Rd Overland Park, KS 66213 US

Total Estimated Time: 15 minutes  
Total Distance: 11.11 miles

### SITE #5 & #6

Blue Valley West (BVW) Main & Aux  
16200 Antioch Road

1. Start out going WEST on SHAWNEE MISSION PKWY/US-56 W/US-69 W/W 63RD ST toward ROBINSON ST. (1.20 miles)
2. Merge onto I-35 S/US-56 W/US-69 S via the ramp on the LEFT toward WICHITA. (2.45 miles)
3. Merge onto US-69 S via EXIT 225B. (9.58 miles)
4. Take the 151ST STREET exit toward MORSE. (0.20 miles)
5. Turn RIGHT onto W 151ST ST. (0.46 miles)
6. Turn LEFT onto ANTIOCH RD. (1.34 miles)
7. End at Blue Valley West High School 16200 Antioch Rd Stilwell, KS 66085 US

Total Estimated Time: 19 minutes  
Total Distance: 15.23 miles

### SITE #8

Shawnee Mission West (SMW)  
8800 W. 85<sup>th</sup> Street

1. Start out going WEST on SHAWNEE MISSION PKWY/US-56/US-69/W 63RD ST toward ROBINSON ST. (0.76 miles)
2. Turn LEFT onto ANTIOCH RD. (2.77 miles)
3. Turn RIGHT onto W 85TH ST. (0.06 miles)
4. End at Shawnee Mission West High Schl 8800 W 85th St Shawnee Mission, KS 66212 US

Total Estimated Time: 8 minutes  
Total Distance: 3.59 miles

### SITE #3 & #4

Shawnee Mission South (SMS) Main & Aux  
5800 W. 107<sup>th</sup> Street

1. Start out going WEST on SHAWNEE MISSION PKWY/US-56 W/US-69 W/W 63RD ST toward ROBINSON ST. (1.20 miles)
2. Merge onto I-35 S/US-56 W/US-69 S via the ramp on the LEFT toward WICHITA. (2.45 miles)
3. Merge onto US-69 S via EXIT 225B. (3.61 miles)
4. Merge onto I-435 E/US-50 E. (2.93 miles)
5. Take the NALL AVE exit- EXIT 77A-77B- toward ROE AVE. (0.17 miles)
6. Take the ramp toward LEAWOOD. (0.18 miles)
7. Turn LEFT onto NALL AVE. (0.26 miles)
8. Turn LEFT onto W 107TH ST. (0.18 miles)
9. End at Shawnee Mission South High 5800 W 107th St Shawnee Mission, KS 66207 US

Total Estimated Time: 14 minutes  
Total Distance: 10.98 miles

### SITE #7

Horizon High School  
5900 Lamar Avenue

1. Start out going EAST on SHAWNEE MISSION PKWY/US-56/US-69/W 63RD ST toward RILEY ST. Continue to follow SHAWNEE MISSION PKWY/US-56 E/W 63RD ST. (0.75 miles)
2. Turn LEFT onto LAMAR AVE. (0.50 miles)
3. End at Shawnee Mission Horizons High 5900 Lamar Ave Shawnee Mission, KS 66202 US

Total Estimated Time: 3 minutes  
Total Distance: 1.25 miles

### SITE #9 & #10

Blue Valley (BV) Main & Aux  
6001 W. 159<sup>th</sup> Street

1. Start out going WEST on SHAWNEE MISSION PKWY/US-56 W/US-69 W/W 63RD ST toward ROBINSON ST. (1.20 miles)
2. Merge onto I-35 S/US-56 W/US-69 S via the ramp on the LEFT toward WICHITA. (2.45 miles)
3. Merge onto US-69 S via EXIT 225B. (9.58 miles)
4. Take the 151ST STREET exit toward MORSE. (0.21 miles)
5. Turn LEFT onto W 151ST ST. (0.54 miles)
6. Turn RIGHT onto METCALF AVE. (1.01 miles)
7. Turn LEFT onto W 159TH ST. (0.69 miles)
8. End at Blue Valley High School 6001 W 159th St Stilwell, KS 66085 US

Total Estimated Time: 20 minutes  
Total Distance: 15.69 miles

## SITE #11

Shawnee Mission East (SME)  
7500 Mission Road

1. Start out going EAST on SHAWNEE MISSION PKWY/US-56/US-69/W 63RD ST toward RILEY ST. Continue to follow SHAWNEE MISSION PKWY/US-56 E/W 63RD ST. (1.23 miles)
  2. Turn SLIGHT RIGHT onto NALL AVE. (1.58 miles)
  3. Turn LEFT onto W 75TH ST. (1.00 miles)
  4. Turn RIGHT onto MISSION RD. (0.00 miles)
  5. End at Shawnee Mission East HS 7500 Mission Rd Shawnee Mission, KS 66208 US
- Total Estimated Time: 8 minutes  
Total Distance: 3.82 miles

## SITE #13

Johnson County Community College (JCCC)  
12345 College Boulevard

1. Start out going WEST on SHAWNEE MISSION PKWY/US-56 W/US-69 W/W 63RD ST toward ROBINSON ST. (1.20 miles)
  2. Merge onto I-35 S/US-56 W/US-69 S via the ramp on the LEFT toward WICHITA. (2.45 miles)
  3. Merge onto US-69 S via EXIT 225B. (3.94 miles)
  4. Take the COLLEGE BLVD WEST exit. (0.19 miles)
  5. Merge onto COLLEGE BLVD. (1.48 miles)
  6. Make a U-TURN at WESTGATE RD onto COLLEGE BLVD. (0.14 miles)
  7. End at Johnson Co Community College 12345 College Blvd Overland Park, KS 66210 US
- Total Estimated Time: 12 minutes  
Total Distance: 9.41 miles

## SITE #15

Pleasant Ridge Middle School  
9000 W. 165<sup>th</sup> Street

1. Start out going WEST on SHAWNEE MISSION PKWY/US-56 W/US-69 W/W 63RD ST toward ROBINSON ST. (1.20 miles)
  2. Merge onto I-35 S/US-56 W/US-69 S via the ramp on the LEFT toward WICHITA. (2.45 miles)
  3. Merge onto US-69 S via EXIT 225B. (11.60 miles)
  4. Take the 167TH STREET exit. (0.20 miles)
  5. Turn RIGHT onto W 167TH ST. (0.47 miles)
  6. Turn RIGHT onto ANTIOCH RD. (0.37 miles)
  7. End at Pleasant Ridge Middle School 9000 W 165th St Stilwell, KS 66085 US
- Total Estimated Time: 19 minutes  
Total Distance: 16.29 miles

## SITE #17

Blue Valley Academy  
7500 W. 149<sup>th</sup> Terrace

1. Start out going WEST on SHAWNEE MISSION PKWY/US-56 W/US-69 W/W 63RD ST toward ROBINSON ST. (1.20 miles)
  2. Merge onto I-35 S/US-56 W/US-69 S via the ramp on the LEFT toward WICHITA. (2.45 miles)
  3. Merge onto US-69 S via EXIT 225B. (9.58 miles)
  4. Take the 151ST STREET exit toward MORSE. (0.21 miles)
  5. Turn LEFT onto W 151ST ST. (0.22 miles)
  6. Turn LEFT onto NEWTON DR. (0.17 miles)
  7. NEWTON DR becomes W 149TH TER. (0.16 miles)
  8. End at BLUE VALLEY ACADEMY 7500 W 149th Ter Overland Park, KS 66223 US
- Total Estimated Time: 17 minutes  
Total Distance: 13.99 miles

## SITE #12

Shawnee Mission Northwest (SMNW)  
12701 W. 67<sup>th</sup> Street

1. Start out going WEST on SHAWNEE MISSION PKWY/US-56 W/US-69 W/W 63RD ST toward ROBINSON ST. Continue to follow SHAWNEE MISSION PKWY/W 63RD ST. (3.15 miles)
  2. Turn LEFT onto LONG AVE. (0.60 miles)
  3. Turn RIGHT onto W 67TH ST. (0.11 miles)
  4. End at Shawnee Mission Northwest High 12701 W 67th St Shawnee Mission, KS 66216 US
- Total Estimated Time: 7 minutes  
Total Distance: 3.85 miles

## SITE #14

Lakewood Middle School  
6601 Edgewater Drive

1. Start out going WEST on SHAWNEE MISSION PKWY/US-56 W/US-69 W/W 63RD ST toward ROBINSON ST. (1.20 miles)
  2. Merge onto I-35 S/US-56 W/US-69 S via the ramp on the LEFT toward WICHITA. (2.45 miles)
  3. Merge onto US-69 S via EXIT 225B. (7.51 miles)
  4. Take the 135TH STREET exit. (0.27 miles)
  5. Turn LEFT onto W 135TH ST. (0.55 miles)
  6. Turn RIGHT onto METCALF AVE. (1.26 miles)
  7. Turn LEFT onto W 146TH TER. (0.26 miles)
  8. Turn RIGHT onto EDGEWATER DR. (0.12 miles)
  9. End at Lakewood Middle School 6601 Edgewater Dr Shawnee Mission, KS 66223 US
- Total Estimated Time: 18 minutes  
Total Distance: 13.62 miles

## SITE #16

Harmony Middle School  
10101 W. 141<sup>st</sup> Street

1. Start out going WEST on SHAWNEE MISSION PKWY/US-56 W/US-69 W/W 63RD ST toward ROBINSON ST. (1.20 miles)
  2. Merge onto I-35 S/US-56 W/US-69 S via the ramp on the LEFT toward WICHITA. (2.45 miles)
  3. Merge onto US-69 S via EXIT 225B. (4.96 miles)
  4. Take the 119TH STREET exit. (0.20 miles)
  5. Turn RIGHT onto W 119TH ST. (0.26 miles)
  6. Turn LEFT onto SWITZER RD. (2.97 miles)
  7. Turn LEFT onto W 141ST ST. (0.06 miles)
  8. End at Harmony Middle School 10101 W 141st St Shawnee Mission, KS 66221 US
- Total Estimated Time: 16 minutes  
Total Distance: 12.10 miles