



Hotel-to-Gym Directions

Directions from:

Hotel #6
Comfort Inn & Suites
7200 W. 107th Street

TO:

SITE #1 & #2

Blue Valley Northwest (BVNW) Main & Aux
13260 Switzer Road

1. Start out going EAST on W 107TH ST toward METCALF LN. (0.08 miles)
 2. Turn RIGHT onto METCALF AVE/US-169 S. Continue to follow METCALF AVE. (1.50 miles)
 3. Stay STRAIGHT to go onto BLUE VALLEY PKWY. (1.34 miles)
 4. BLUE VALLEY PKWY becomes US-69 S. (0.52 miles)
 5. Take the 135TH STREET exit. (0.26 miles)
 6. Turn RIGHT onto W 135TH ST. (1.20 miles)
 7. Turn RIGHT onto SWITZER RD. (0.25 miles)
 8. End at 13260 Switzer Rd Overland Park, KS 66213-3306 US
- Total Estimated Time: 8 minutes
Total Distance: 5.14 miles

SITE #5 & #6

Blue Valley West (BVW) Main & Aux
16200 Antioch Road

1. Start out going EAST on W 107TH ST toward METCALF LN. (0.08 miles)
 2. Turn RIGHT onto METCALF AVE/US-169 S. Continue to follow METCALF AVE. (1.50 miles)
 3. Stay STRAIGHT to go onto BLUE VALLEY PKWY. (1.34 miles)
 4. BLUE VALLEY PKWY becomes US-69 S. (2.58 miles)
 5. Take the 151ST STREET exit toward MORSE. (0.20 miles)
 6. Turn RIGHT onto W 151ST ST. (0.46 miles)
 7. Turn LEFT onto ANTIOCH RD. (1.33 miles)
 8. End at 16200 Antioch Rd Overland Park, KS 66085-9382 US
- Total Estimated Time: 12 minutes
Total Distance: 7.49 miles

SITE #8

Shawnee Mission West (SMW)
8800 W. 85th Street

1. Start out going WEST on W 107TH ST toward FLOYD ST. (0.06 miles)
 2. Turn RIGHT onto MARTY ST. (0.57 miles)
 3. Turn LEFT onto W 103RD ST. (0.81 miles)
 4. Turn RIGHT onto ANTIOCH RD. (2.27 miles)
 5. Turn LEFT onto W 85TH ST. (0.05 miles)
 6. End at 8800 W 85th St Overland Park, KS 66212-3545 US
- Total Estimated Time: 9 minutes
Total Distance: 3.76 miles

SITE #3 & #4

Shawnee Mission South (SMS) Main & Aux
5800 W. 107th Street

1. Start out going EAST on W 107TH ST toward METCALF LN. (0.08 miles)
 2. Turn RIGHT onto METCALF AVE/US-169 S. Continue to follow METCALF AVE. (0.22 miles)
 3. Merge onto I-435 E/US-50 E via the ramp on the LEFT. (0.68 miles)
 4. Take the NALL AVE exit- EXIT 77A-77B- toward ROE AVE. (0.17 miles)
 5. Take the ramp toward LEAWOOD. (0.18 miles)
 6. Turn LEFT onto NALL AVE. (0.26 miles)
 7. Turn LEFT onto W 107TH ST. (0.18 miles)
 8. End at 5800 W 107th St Overland Park, KS 66207-3832 US
- Total Estimated Time: 4 minutes
Total Distance: 1.77 miles

SITE #7

Horizon High School
5900 Lamar Avenue

1. Start out going EAST on W 107TH ST toward METCALF LN. (0.08 miles)
 2. Turn RIGHT onto METCALF AVE/US-169 S. (0.05 miles)
 3. Merge onto I-435 W/US-50 W/US-169 S. (1.63 miles)
 4. Merge onto US-69 N via EXIT 81. (6.06 miles)
 5. Merge onto US-56 E/SHAWNEE MISSION PKWY/W 63RD ST via EXIT 228B. (1.97 miles)
 6. Turn LEFT onto LAMAR AVE. (0.50 miles)
 7. End at 5900 Lamar Ave Mission, KS 66202-3231 US
- Total Estimated Time: 14 minutes
Total Distance: 10.30 miles

SITE #9 & #10

Blue Valley (BV) Main & Aux
6001 W. 159th Street

1. Start out going EAST on W 107TH ST toward METCALF LN. (0.08 miles)
 2. Turn RIGHT onto METCALF AVE/US-169 S. Continue to follow METCALF AVE. (1.50 miles)
 3. Turn LEFT onto W 119TH ST. (0.08 miles)
 4. Turn SLIGHT RIGHT onto METCALF AVE. (5.06 miles)
 5. Turn LEFT onto W 159TH ST. (0.69 miles)
 6. End at 6001 W 159th St Overland Park, KS 66085-8808 US
- Total Estimated Time: 13 minutes
Total Distance: 7.40 miles

SITE #11

Shawnee Mission East (SME)
7500 Mission Road

1. Start out going EAST on W 107TH ST toward METCALF LN. (0.07 miles)
 2. Turn LEFT onto METCALF LN. (0.30 miles)
 3. Turn RIGHT onto W 105TH ST. (0.06 miles)
 4. Turn LEFT onto METCALF AVE/US-169 N. Continue to follow US-169 N. (3.79 miles)
 5. Turn RIGHT onto W 75TH ST. (2.01 miles)
 6. Turn RIGHT onto MISSION RD. (0.00 miles)
 7. End at 7500 Mission Rd Prairie Village, KS 66208-4215 US
- Total Estimated Time: 14 minutes
Total Distance: 6.23 miles

SITE #13

Johnson County Community College (JCCC)
12345 College Boulevard

1. Start out going EAST on W 107TH ST toward METCALF LN. (0.08 miles)
 2. Turn RIGHT onto METCALF AVE/US-169 S. (0.05 miles)
 3. Merge onto I-435 W/US-50 W/US-169 S. (1.63 miles)
 4. Merge onto US-69 S via EXIT 81 toward FT SCOTT. (1.05 miles)
 5. Take the COLLEGE BLVD WEST exit. (0.19 miles)
 6. Merge onto COLLEGE BLVD. (1.25 miles)
 7. Make a U-TURN onto COLLEGE BLVD. (0.03 miles)
 8. End at 12345 College Blvd Overland Park, KS 66210-1283 US
- Total Estimated Time: 6 minutes
Total Distance: 4.27 miles

SITE #15

Pleasant Ridge Middle School
9000 W. 165th Street

1. Start out going EAST on W 107TH ST toward METCALF LN. (0.08 miles)
 2. Turn RIGHT onto METCALF AVE/US-169 S. Continue to follow METCALF AVE. (1.50 miles)
 3. Stay STRAIGHT to go onto BLUE VALLEY PKWY. (1.34 miles)
 4. BLUE VALLEY PKWY becomes US-69 S. (4.60 miles)
 5. Take the 167TH STREET exit. (0.20 miles)
 6. Turn RIGHT onto W 167TH ST. (0.47 miles)
 7. Turn RIGHT onto ANTIOCH RD. (0.37 miles)
 8. End at 9000 W 165th St Overland Park, KS 66085-9073 US
- Total Estimated Time: 12 minutes
Total Distance: 8.56 miles

SITE #17

Blue Valley Academy
7500 W. 149th Terrace

1. Start out going EAST on W 107TH ST toward METCALF LN. (0.08 miles)
 2. Turn RIGHT onto METCALF AVE/US-169 S. Continue to follow METCALF AVE. (1.50 miles)
 3. Stay STRAIGHT to go onto BLUE VALLEY PKWY. (1.34 miles)
 4. BLUE VALLEY PKWY becomes US-69 S. (2.58 miles)
 5. Take the 151ST STREET exit toward MORSE. (0.21 miles)
 6. Turn LEFT onto W 151ST ST. (0.22 miles)
 7. Turn LEFT onto NEWTON DR. (0.17 miles)
 8. NEWTON DR becomes W 149TH TER. (0.15 miles)
 9. End at 7500 W 149th Ter Overland Park, KS 66223-2236 US
- Total Estimated Time: 10 minutes
Total Distance: 6.25 miles

SITE #12

Shawnee Mission Northwest (SMNW)
12701 W. 67th Street

1. Start out going EAST on W 107TH ST toward METCALF LN. (0.08 miles)
 2. Turn RIGHT onto METCALF AVE/US-169 S. (0.05 miles)
 3. Merge onto I-435 W/US-50 W/US-169 S. (1.63 miles)
 4. Merge onto US-69 N via EXIT 81. (2.61 miles)
 5. Take the 87TH STREET exit. (0.29 miles)
 6. Turn LEFT onto W 87TH ST PKWY/W 87TH ST. (0.57 miles)
 7. Turn RIGHT onto QUIVIRA RD. (2.51 miles)
 8. Turn LEFT onto W 67TH ST. (0.51 miles)
 9. End at 12701 W 67th St Shawnee Mission, KS 66216-2503 US
- Total Estimated Time: 14 minutes
Total Distance: 8.26 miles

SITE #14

Lakewood Middle School
6601 Edgewater Drive

1. Start out going EAST on W 107TH ST toward METCALF LN. (0.08 miles)
 2. Turn RIGHT onto METCALF AVE/US-169 S. Continue to follow METCALF AVE. (1.50 miles)
 3. Turn LEFT onto W 119TH ST. (0.08 miles)
 4. Turn SLIGHT RIGHT onto METCALF AVE. (3.30 miles)
 5. Turn LEFT onto W 146TH TER. (0.26 miles)
 6. Turn RIGHT onto EDGEWATER DR. (0.12 miles)
 7. End at 6601 Edgewater Dr Overland Park, KS 66223-2465 US
- Total Estimated Time: 10 minutes
Total Distance: 5.33 miles

SITE #16

Harmony Middle School
10101 W. 141st Street

1. Start out going EAST on W 107TH ST toward METCALF LN. (0.08 miles)
 2. Turn RIGHT onto METCALF AVE/US-169 S. Continue to follow METCALF AVE. (1.50 miles)
 3. Stay STRAIGHT to go onto BLUE VALLEY PKWY. (1.34 miles)
 4. BLUE VALLEY PKWY becomes US-69 S. (0.52 miles)
 5. Take the 135TH STREET exit. (0.26 miles)
 6. Turn RIGHT onto W 135TH ST. (1.21 miles)
 7. Turn LEFT onto SWITZER RD. (0.83 miles)
 8. Turn LEFT onto W 141ST ST. (0.06 miles)
 9. End at 10101 W 141st St Overland Park, KS 66221-2165 US
- Total Estimated Time: 10 minutes
Total Distance: 5.79 miles